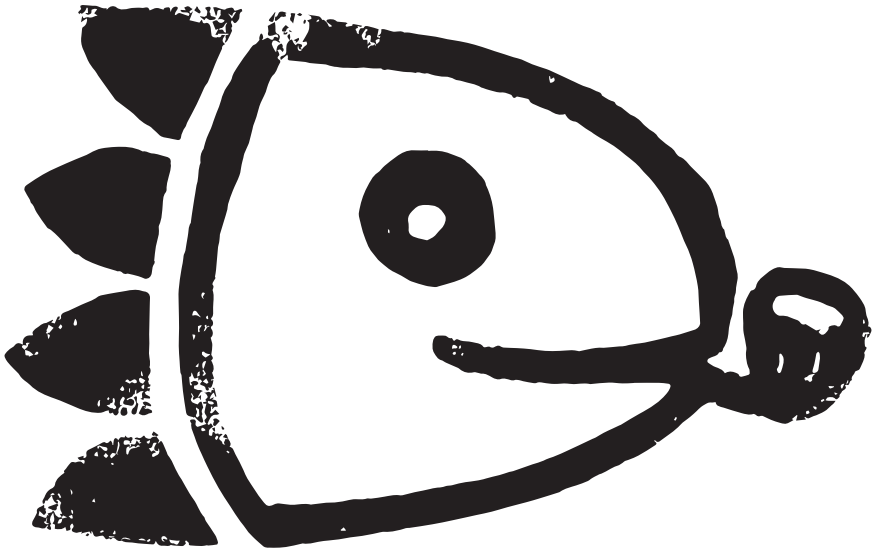


FOOD MENU

# DIG IN



  
**STOWAWAY**  


# SMALLS

SMALL PLATES BEST SHARED WITH  
PEOPLE YOU LOVE OR PRETEND TO LIKE

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**Big Poppa's Poppers** *[3 in serve]* (vg) (n) 16  
Avo & mozza-stuffed beer battered jalapeños (gfo)  
served w a Mexican créma dip. *[\$5 for extra popper]*

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**Holiday Dippers** *[4 in serve]* (v) (gf) 15  
Crispy-battered haloumi dippers served w  
jalapeño & pineapple jam. *[\$3 for extra dipper]*

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**Tofu San Dumplings** *[5 in serve]* (vg) 14  
Tofu, Shiitake mushroom, carrot, water chest-  
nuts & bamboo shoots. Served with Stow's spe-  
cial dipping sauce. *[\$3 for extra dumpling]*

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**United States of Dumplings** *[5 in serve]* 14  
Beef & cheeseburger dumplings served with  
Stow's special sauce. *[\$3 for extra dumpling]*  
*Both styles made by local dumpling master - Veronton.*

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**Stow Wings** *[2 styles to choose from]* (gf) (df) 15  
1. American style BBQ sauce 15  
2. Spicy Buffalo style. *[Add blue cheese on request \$1]* 15

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**Guac & Corn Chips** (gf) (vg) 14  
Fresh house-made avocado guac w corn chips.

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**Bowl of Fries** (v) 12  
1. Rosemary salted fries  
2. Sweet potato fries (gf)  
3. Shoestring fries (gf)  
4. Mexicali loaded fries (gf) (v) (vgo) 22  
*[Aioli, tomato or BBQ sauce available for \$1]*

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**V** *vego* **VG** *vegan* **DF** *dairy free* **GF** *gluten free* **O** *optional* **N** *contains nuts*



# SMALLS

SMALL PLATES BEST SHARED WITH  
PEOPLE YOU LOVE OR PRETEND TO LIKE

Endless Summer Ceviche (gf) (df) 18

Mouth-watering ceviche, available daily.

*[Ask the staff for this week's ceviche special]*

Hummus & Olives (v) 11

Marinated olives, hummus & lavosh crackers.

*\*Make it Vegan - remove crackers & add flatbread \$4*

Three Cheese Board (v) 28

Three cheeses [Danish fetta, King Island blue & brie] served w fig jam, pear & lavosh crackers.

Mushroom Haze (v) (n) 19

Mixed mushroom ragù, walnut & truffle pâté served w lavosh crackers.

*\*Make it Vegan - remove crackers & add flatbread \$4*

## ADD-ONS

- Cured meats \$10 – prosciutto & calabrese
- House-made flatbread \$4
- GF flatbread \$6
- Extra crackers \$3

## DID YOU KNOW WE DELIVER?

We deliver our food & drink menu to your door! Please head to [STOWAWAYBAR.COM](http://STOWAWAYBAR.COM) to order online when you fancy some Stow at home action.

V vego VG vegan DF dairy free GF gluten free O optional N contains nuts

# BIGS

**BIG PLATES BEST KEPT TO YOURSELF  
OR SHARE IF YOU WILL!**

<b>Stow Schnitty</b>	(df)	22
Chicken schnitty w chips, salad & gravy. <i>Make it a Fancy Pants Parmy - top w confit tomato, prosciutto &amp; grilled cheese.</i>		26
<b>Temple Schnitty</b>	(vg)	22
Tempeh schnitty w chips, salad & gravy. <i>Make it a Temple Parmy - top w confit tomato &amp; grilled cheese. [vgo +\$2]</i>		24
<b>The Office Fish &amp; Chips</b>	(df) (gfo)	22
Beer-battered or grilled barramundi, chips & seasonal salad w sriracha lemon mayo.		

# SALADS

**GRILLED FISH \$10  
GRILLED CHICKEN \$8  
PUMPKIN \$5 GRILLED TOFU \$8**

<b>Yakka's Poke Bowl</b>	(df) (n)	22
Weekly cured sashimi, wombok slaw, black beans & cucumber. Served on rice w ponzu, roasted sesame dressing & crispy shallots.		
<b>Marssheel Marssheel</b>	(df) (n)	18
Indo Gado Gado salad w fresh veg coated in satay & tamarind. Served w prawn crackers, crispy shallots, chilli & sweet soy sauce.	(vgo)	
<b>Rocket Man</b>	(n) (gf)	13
Rocket w walnuts, pear, parmesan in a balsamic vinaigrette.	(vgo)	

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# BURGERS

BRIOCHE BUN + SIDE OF FRIES  
VEGAN/GF BUN + \$3 GF FRIES + \$1

Royale With Cheese (gfo) 22

Char-grilled ground beef patty, house-pickled cucumber, cheddar cheese, tomato, lettuce, Spanish onion w house burger sauce.

*\*Add bacon \$3\**

*\*\*Need more? Double down. Extra patty \$6\*\**

Alabama Hoedown (gfo) 22

Fried chicken tossed in Buffalo sauce w house slaw & Alabama white BBQ sauce.

Tang Dynasty (gfo) 22

Beer-battered barramundi, napa cabbage slaw, sriracha lemon mayo & sweet chilli.

One Hot Night In Bangkok (vgo) (n) 22

Satay-coated & fried tofu, herb & chilli coleslaw.



## SHOUTOUT TO COELIACS

*We want to let you know that we cook all (gf) listed fried goods in our Coeliac-friendly fryer, and on request, we will use strictly Coeliac-friendly equipment for other meals. Unfortunately, however, the kitchen remains a glutenous environment, so please be mindful if super-sensitive. If unsure, please holler!*

V vego VG vegan DF dairy free GF gluten free O optional N contains nuts

# PIZZA

GLUTEN FREE BASE \$3  
VEGAN CHEESE \$3  
NO HALF HALF'S AVAILABLE

<b>Holy Moly</b>	(vg)	21
Cherry tomatoes, baby spinach, Spanish onion, jalapeños, banana blossom & vegan cheese. Topped w vegan chipotle, lime & coriander.		
<b>Prawn Hub</b>	(n)	22
Prawns w sun-dried tomato pesto, caramelised onion & garlic. Topped with rocket & lemon.		
<b>Channing Potatum</b>	(v)	20
Confit garlic base, potato, gorgonzola, rosemary & caramelised onion. <i>Moreish.</i>		
<b>Little Italy</b>		20
Prosciutto, pepperoni, onion, bocconcini, sun-dried tomato, chilli & fresh basil. <i>So good it can't be taken off the menu.</i>		
<b>No Chorizo, No Cry</b>		20
Chorizo w baby spinach, red onion, garlic & chilli topped w fresh basil & chipotle aioli. <i>Add prawns for \$3 for an extra flavour explosion!</i>		
<b>New Yorker</b>		19
Classic pepperoni. Lashings of mozza. Oregano.		
<b>Uber Margherita</b>	(v)	17
Cherry tomatoes, bocconcini w fresh basil.		



# TACOS

2 FOR \$18  
3 FOR \$25  
GLUTEN FREE LETTUCE CUPS

**FISH** - Beer-battered Barra on house slaw w lime/ *(df)*  
jalapeño crème, chilli jam & cucumber salsa

**PUMPKIN** - Char-grilled pumpkin on fresh rocket *(vg)*  
w turmeric/agave crème, pepitas, crispy leeks &  
vegan crème fraiche.

**BEEF** - Chipotle braised beef brisket on house slaw, *(df)*  
spiced crème, pickled Spanish onion & pepitas.

**CHICKEN** - Achiote char-grilled chicken lettuce med- *(df)*  
ley w cilantro crème, pico de gallo & corn mole.

# BURRITOS

ADD SIDE GUAC \$3  
ADD JALAPEÑOS \$2  
ADD CALI FRIES \$2

*Black beans, cheese, guac, rice, slaw, chipotle mayo & pico  
de gallo on wheat tortilla with your choice of:*

20

**CHICKEN** - Mexican achiote-marinated & charred  
chicken.

**PUMPKIN** - Charred pumpkin w vegan chipotle *(vg) (n)*  
mayo & cashew cream. *[Can be made nut-free]*

**BEEF** - Slow-cooked chipotle beef brisket.

**FISH** - Beer-battered fish w mango & jalapeño *(gfo)*  
salsa.

*All burritos can be made [DF] and [GF] - make it a bowl!*

**SIDES - CORN CHIPS \$4 - SALSA ROSA \$2 - SOUR CREAM \$2 - SIDE OF FRIES \$5**

**V** *vego* **VG** *vegan* **DF** *dairy free* **GF** *gluten free* **O** *optional* **N** *contains nuts*



# KIDS MEALS

<b>Nuggets 'n' Chips</b>	<i>(df)</i>	10
Chicken nuggets & chips. Served w tommy k.		
<b>Spaghetti Bolognese</b>	<i>(df)</i>	10
Beef bolognese w plain spaghetti.		
<b>Mac &amp; Cheese</b>	<i>(v)</i>	10
Classic mac & cheese.		
<b>Ham &amp; Pineapple Pizza</b>		10
Ham & pineapple pizza w tomato sauce & moz.		
<b>Margherita Pizza</b>	<i>(vgo)</i>	10
Classic tomato sauce w mozzarella.		
<b>Kids' Vanilla Ice Cream</b>		5
Scoop of vanilla bean ice cream.		

## \*KIDS MEALS ARE FOR KIDS

*Our kids meals are for under 12's only, not for big kids (AKA adults).*

# SUMTHIN' SWEET

<b>Chocolate Brownie</b>	<i>(gf)</i>	11
Chocolate brownie w salted caramel sauce & vanilla bean ice cream.		
<b>Nanna's Apple Crumbskie</b>	<i>(gf) (vg)</i>	13
Granny smith apple, coconut, cinnamon, vanilla & almond crumble. Served w coconut ice cream.		



**V** *vego*   **VG** *vegan*   **DF** *dairy free*   **GF** *gluten free*   **O** *optional*   **N** *contains nuts*